

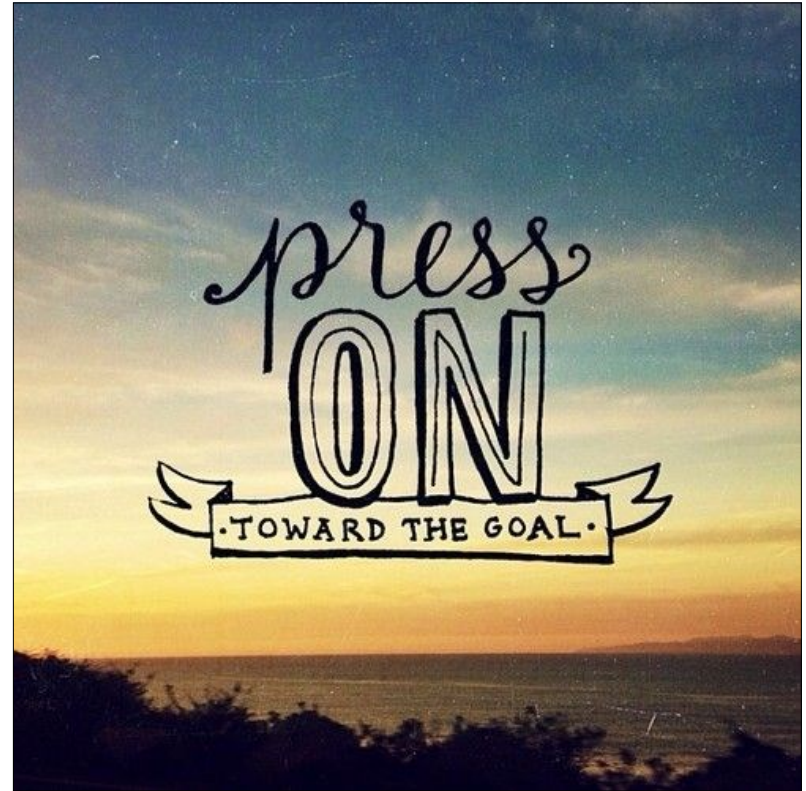
## Bible Reading for October 11

**Philippians 4:1-9** Therefore, my brothers and sisters whom I love and miss, who are my joy and crown, stand firm in the Lord. Loved ones, <sup>2</sup>I urge Euodia and I urge Syntyche to come to an agreement in the Lord. <sup>3</sup>Yes, and I'm also asking you, loyal friend, to help these women who have struggled together with me in the ministry of the gospel, along with Clement and the rest of my coworkers whose names are in the scroll of life. <sup>4</sup>Be glad in the Lord always! Again I say, be glad! <sup>5</sup>Let your gentleness show in your treatment of all people. The Lord is near. <sup>6</sup>Don't be anxious about anything; rather, bring up all of your requests to God in your prayers and petitions, along with giving thanks. <sup>7</sup>Then the peace of God that exceeds all understanding will keep your hearts and minds safe in Christ Jesus. <sup>8</sup>From now on, brothers and sisters, if anything is excellent and if anything is admirable, focus your thoughts on these things: all that is true, all that is holy, all that is just, all that is pure, all that is lovely, and all that is worthy of praise. <sup>9</sup>Practice these things: whatever you learned, received, heard, or saw in us. The God of peace will be with you.

### Discussion Questions

• *Paul offers some excellent, if perhaps difficult, advice this week. These verses from Philippians can read like a long to do list of behaviors. But Paul has a bigger purpose in mind. Read the scripture again and consider which of the things Paul suggests is the hardest for you to do.* • *Which one would make the biggest difference in how you spend your time each day?* • *Is there anything in this list from Paul that seems impossible?*

As you ponder these things in preparation for Sunday, I would love to hear what God is saying to you. Call me in the church office at 256-353-6941 or email me at [miriam@centralunitedmethodist.com](mailto:miriam@centralunitedmethodist.com).



October 4, 2020  
Eighteenth Sunday after Pentecost



Love GOD



Love OTHERS



SERVE the World



616 Jackson Street  
Decatur, Alabama 35601  
(256) 353-6941

[CUMC@CentralUnitedMethodist.com](mailto:CUMC@CentralUnitedMethodist.com)  
<https://CentralUnitedMethodist.com>

Facebook: [www.facebook.com/centralunitedmethodist](https://www.facebook.com/centralunitedmethodist)

Musical Gift

*Prelude in Classic Style*

Young

Welcome and Announcements

Call to Worship

Rev. Miriam Smith

Prayer Chorus

*Speak, O Lord*

†

Prayers of the People

Rev. Miriam Smith

**Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come, thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom and the power  
and the glory for ever. Amen.**

Bible Reading — Philippians 3:4b-14

Rev. Miriam Smith

—[Prayer]

**Lord, open our hearts and minds by the power of your Holy Spirit,  
that, as the Scriptures are read and your Word proclaimed,  
we may hear with joy what you say to us today. Amen.**

—  
If anyone else has reason to put their confidence in physical advantages, I have even more: I was circumcised on the eighth day. I am from the people of Israel and the tribe of Benjamin. I am a Hebrew of the Hebrews. With respect to observing the Law, I'm a Pharisee. With respect to devotion to the faith, I harassed the church. With respect to righteousness under the Law, I'm blameless. These things were my assets, but I wrote them off as a loss for the sake of Christ. But even beyond that, I consider everything a loss in comparison with the superior value of knowing Christ Jesus my Lord. I have lost everything for him, but what I lost I think of as sewer trash, so that I might gain Christ and be found in him. In Christ I have a righteousness that is not my own and that does not come from the Law but rather from the faithfulness of Christ. It is the righteousness of God that is based on faith. The righteousness that I have comes from knowing Christ, the power of his resurrection, and the participation in his sufferings. It includes being conformed to his death so that I may perhaps reach the goal of the resurrection of the dead. It's not that I have already reached this goal or have already been perfected, but I pursue it, so that I may grab hold of it because Christ grabbed hold of me for just this purpose. Brothers and sisters, I myself don't think I've reached it, but I do this one thing: I forget about the things behind me and reach out for the things ahead of me. The goal I pursue is the prize of God's upward call in Christ Jesus.

The word of God for the people of God. **Thanks be to God.**

Message — “Press On”

Rev. Miriam Smith

Choral Response

*Cornerstone*

†

Benediction and Blessing

Rev. Miriam Smith

Musical Gift

*Stand Up, Stand Up for Jesus*

Hughes

Singers: Beth Green, Chuck Thompson, Susan Thompson, Ron Woller  
Organist: Virginia Paul

---

† *Speak, O Lord* by Keith Getty & Stuart Townend © 2005 ThankYou Music.  
*Cornerstone* by Mote/Liljero/Myrin/Morgan/Bradbury © Hillsong MP Songs.

CCLI # 2306531

## Welcome!

We are so happy to be here together! Here are a few guidelines for how we can worship safely together:

Please stay seated until the ushers come to guide you out of the Sanctuary. If you would like to make your offering while you are here today, there is an offering plate by the door. You may also continue to give using our website or by mailing a check.

In order to help keep everyone safe, please take your bulletins and any trash with you when you leave.

This service will be livestreamed on YouTube and a recording will be posted on social media for watching at a later time.